



FINALLY, A CURE FOR LONELINESS

JUXTAPOSE

BY JASMAINE & JEANNINE



ONCE UPON A TIME

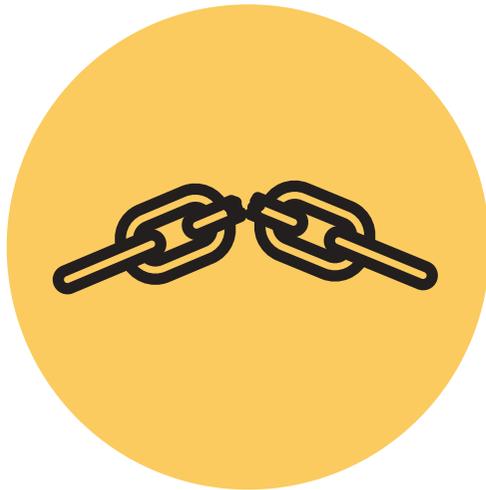
Once upon a time two Brooklyn-born sisters, **Jasmaine & Jeannine**, were attacked by a sneaky beast named Loneliness. With little to depend on, they used the power of pretend to defeat the filthy monster. Soon after the victory, they set out on a journey to find new playmates, much like you, and eradicate the vile beast from the world once and for all.

Jasmaine & Jeannine carry in their backpack more than **30 years experience** and the teachings of their fairy godfather, Dr. Carl Jung.

The sisters facilitate immersive 'untrainings' called **Juxtapose**. Juxtaposes are inspired by story archetypes that invite adults to connect through unconventional games.

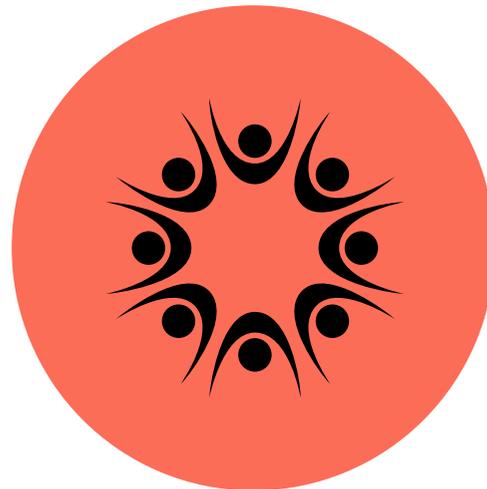
Follow along and learn to play
Scare the Loneliness Beast Away.

JUXTAPOSE



PROBLEM

Disconnection & loneliness result in chronic unhappiness, excessive substance use, depression, anxiety, and violence in our society.



SOLUTION

The Juxtapose 'untrainings' facilitate games and activities that enhance mental health, reduce the impact of stress, and cultivate a sense of meaning.



METHOD

Informed by the research of Dr. Carl Jung, groups grow through the steps of intense individuation, social integration, and active imagination to experience deep connection.



LONELINESS

"Loneliness is Harmful to Our Nation's Health"
- Scientific American, 2019

65M

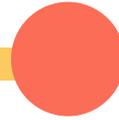


1 in 5 Americans often feel lonely or socially isolated, including many whose health, relationships and work suffers as a result.

LONELINESS IS
SIMILAR TO SMOKING

15

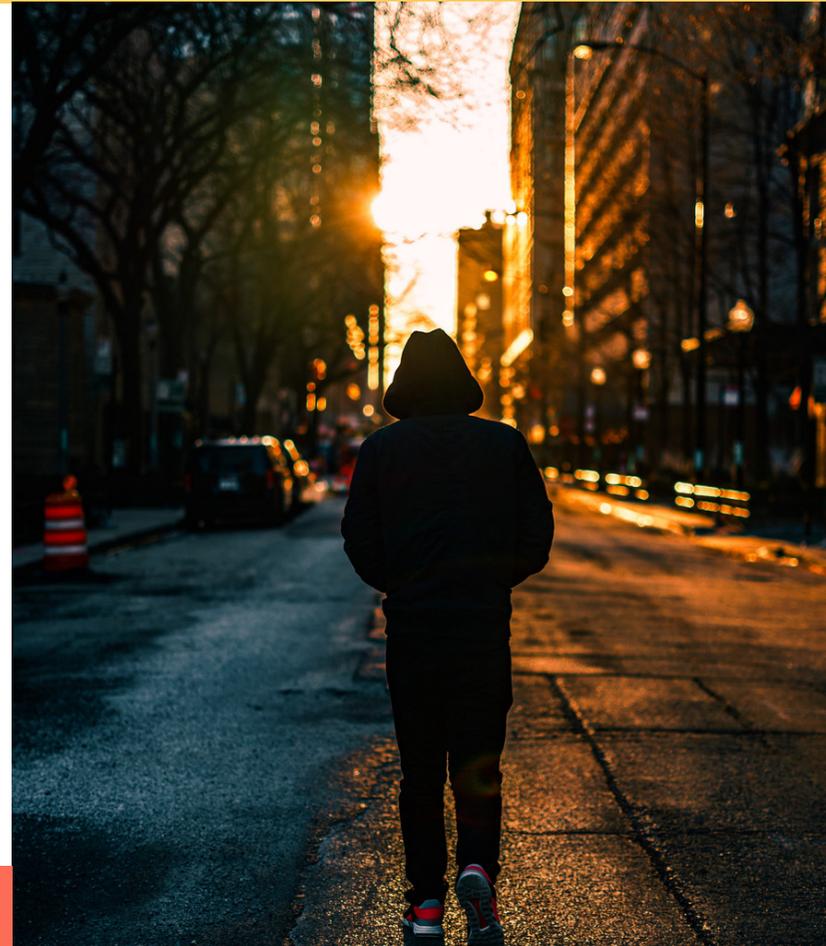
CIGARETTES
PER DAY



**Loneliness increases the odds of
premature death by 26%.**

**It is considered more
dangerous than obesity.**

(J. CACIOPPO, UNIV. OF CHICAGO)



"LONELINESS IS MY LEAST FAVORITE
THING ABOUT LIFE. THE THING THAT I'M
MOST WORRIED ABOUT IS JUST BEING
ALONE WITHOUT ANYBODY TO CARE FOR
OR SOMEONE WHO WILL CARE FOR ME."

~ANNE HATHOWAY

42%

**42% of Millennial
women are more
afraid of loneliness
than a cancer
diagnosis.**



“

CONNECT

"We live in a society bloated with data yet starved for wisdom. We're connected 24/7, yet anxiety, fear, depression and loneliness is at an all-time high. We must course-correct."

Elizabeth Kapu'uwailani Lindsey

”



JUXTAPOSE

"Most of what we say about ourselves is a wonderful piece of storytelling."

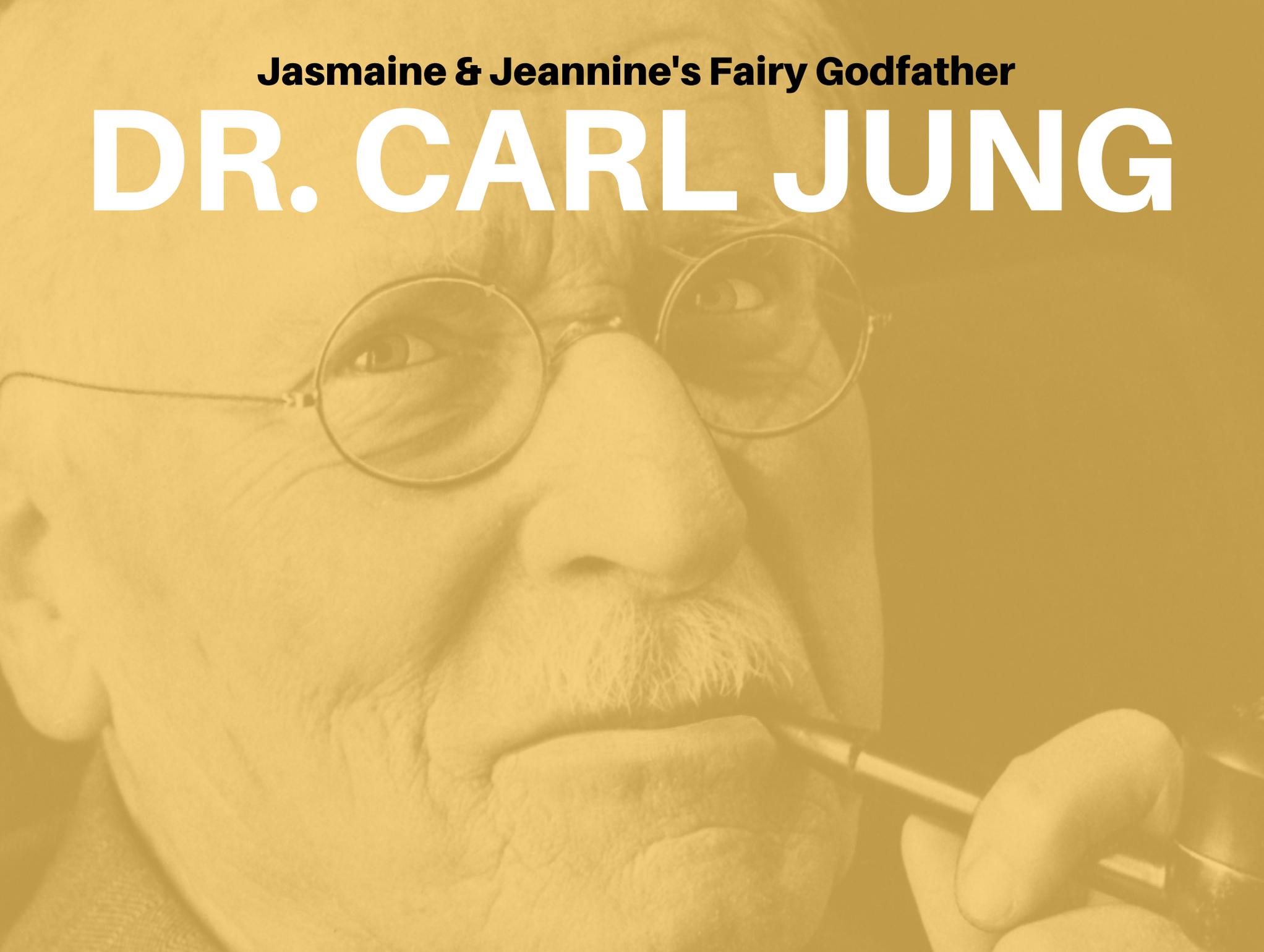
Simon McBurneyRead

The **Juxtapose** is designed to eliminate the effects of loneliness in society.

We support people in creating authentic connections in their lives for greater overall health and improved **personal & workplace relationships.**

Jasmaine & Jeannine's Fairy Godfather

DR. CARL JUNG



“

DIALOGUE

“The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed.”

Carl Jung (1875-1961)

”

JUXTAPOSE

At a Juxtapose individuals and teams connect through play and effective dialogue -- experiencing themselves free from stress, fear, shame, or guilt.

Without all of that in the way, **people are able to connect, problem solve, innovate, and have fun.**





METHOD

Connection Through Play



INTENSE INDIVIDUATION

Intense Individuation is the process of transforming one's psyche by bringing the personal and collective unconscious into conscious.



SOCIAL INTEGRATION

Social integration is a dynamic and structured process in which all members participate in dialogue to achieve and maintain peaceful social relations.



ACTIVE IMAGINATION

Active Imagination is used to create a picture of society that inspires, influences, and empowers us to live, love, laugh, and learn together, longer.

4 HOURS

8 + PARTICIPANTS

LIVE

LAUGH

LEARN

WANNA PLAY?



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LET'S GO!

JUKTAPOSE
JASMAINE & JEANNINE